

Planned Menu Spreadsheet

Utah School District

Portion Values

May 1, 2024 thru May 31, 2024

Menu Name:	Elementary Breakfast	Include Cost:	No
Site:	1 - Ashley Elementary	Report Style:	Detailed
Use Alternate Menu Name:	No		

Wednesday - 05/01/2024

Reimbursable Meal Total 165

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990429 Triple Berry Crunch Bar	-serving	165	240	2.50	110	17	*N/A*	6.00	0.00	10	43.00	2.00	4.00	0	18.0	0.00	1.00
990286 Apple crisps strawberry-tree top	package	40	40	0.00	0	7	*N/A*	0.00	0.00	0	10.00	2.00	0.00	0	0.0	0.00	0.00
990240 mandarin oranges sysco	.5 CUP	150	70	0.00	10	17	*N/A*	0.00	0.00	0	17.00	1.00	1.00	300	20.0	24.00	0.72
990200 Cereal #3 honey nut scooter, trix	bowls	20	110	0.00	155	6	0	1.25	0.00	0	23.00	0.50	2.00	200	40.0	2.40	2.25
990422 Mini Vanilla Wafers IW	package	20	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
990286 Apple crisps strawberry-tree top	package	20	40	0.00	0	7	*N/A*	0.00	0.00	0	10.00	2.00	0.00	0	0.0	0.00	0.00
990240 mandarin oranges sysco	.5 CUP	20	70	0.00	10	17	*N/A*	0.00	0.00	0	17.00	1.00	1.00	300	20.0	24.00	0.72
001763 Milk 1% Meadow Gold	carton	40	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	90	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40
001765 Strawberry Fat Free Milk TruMo	carton	35	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			486	3.74	323	57	0	8.61	0.00	19	89.76	4.06	13.52	908	344.1	25.85	2.35
% of Calories				6.93%		46.9%	0%	15.9%	0.0%		73.9%		11.1%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Thursday - 05/02/2024

Reimbursable Meal Total 165

Planned Menu Spreadsheet

Uintah School District

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990522 Pancakes, WG bulk 23	2 each	165	160	0.00	180	10	4	3.00	0.00	10	30.00	2.00	4.00	0	73.2	0.00	1.46
990523 Syrup,Smuckers 1.4 oz 23	serving	140	110	0.00	20	22	22	0.00	0.00	0	29.00	0.00	0.00	*N/A*	0.0	0.00	0.00
990369 Strawberries,Diced,Cups, Frozen	each	85	90	0.00	0	18	*N/A*	0.00	0.00	0	22.00	2.00	1.00	0	0.0	0.00	0.00
000092 Pineapple Chunks:canned,lt syr	1/2 cup	125	66	0.01	1	16	*N/A*	0.15	0.00	0	16.95	1.01	0.45	48	17.6	9.45	0.49
990198 Cereal #1 Mateys,Scooters 23	servings	20	110	0.00	220	6	0	1.50	0.00	0	22.00	1.00	3.00	0	65.0	0.00	2.25
990422 Mini Vanilla Wafers IW	package	20	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
990369 Strawberries,Diced,Cups, Frozen	each	20	90	0.00	0	18	*N/A*	0.00	0.00	0	22.00	2.00	1.00	0	0.0	0.00	0.00
000092 Pineapple Chunks:canned,lt syr	1/2 cup	20	66	0.01	1	16	*N/A*	0.15	0.00	0	16.95	1.01	0.45	48	17.6	9.45	0.49
001763 Milk 1% Meadow Gold	carton	10	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	95	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40
001765 Strawberry Fat Free Milk TruMo	carton	60	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			529	1.03	411	76	23	5.39	0.00	18	110.23	4.52	13.64	*795	397.2	8.89	2.52
% of Calories				1.75%		57.5%	17.4%	9.2%	0.0%		83.3%		10.3%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Friday - 05/03/2024

Reimbursable Meal Total 175

Planned Menu Spreadsheet

Utah School District

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990027 Cinnamon Roll (rich)	2 each	175	200	0.00	210	*N/A*	*N/A*	4.00	0.00	10	36.00	1.38	4.00	494	14.5	0.26	1.72
000397 Frosting Cinnamon Roll	1 oz.	175	76	2.55	33	*10	*N/A*	4.04	*0.16	11	10.24	0.00	0.22	124	8.1	0.05	0.01
000086 Oranges Fresh Whole	EACH	115	43	0.00	0	*N/A*	*N/A*	0.00	0.00	0	10.56	1.92	0.96	192	38.4	48.96	0.17
990224 applesauce,unsweetened,canned	.5 CUP	95	51	0.00	2	11	*N/A*	0.00	0.00	0	13.99	0.99	0.00	0	0.0	0.00	0.00
990199 cereal #2 Cinn Toast,Frosted Flakes23	serving	20	110	0.00	165	8	8	1.50	0.00	0	23.00	1.50	1.50	15	45.0	15.00	1.80
990422 Mini Vanilla Wafers IW	package	20	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
000086 Oranges Fresh Whole	EACH	20	43	0.00	0	*N/A*	*N/A*	0.00	0.00	0	10.56	1.92	0.96	192	38.4	48.96	0.17
990224 applesauce,unsweetened,canned	.5 CUP	20	51	0.00	2	11	*N/A*	0.00	0.00	0	13.99	0.99	0.00	0	0.0	0.00	0.00
001763 Milk 1% Meadow Gold	carton	20	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	100	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40
001765 Strawberry Fat Free Milk TruMo	carton	55	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			502	3.64	449	*39	*1	10.38	*0.16	29	89.79	3.91	13.36	1461	357.9	40.44	2.41
% of Calories				6.53%		*31.1%	*0.8%	18.6%	*0.3%		71.5%		10.6%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Monday - 05/06/2024

Reimbursable Meal Total 165

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990306 Bagels,WG white,IW bake crafters	each	165	130	0.00	220	3	*N/A*	0.50	0.00	0	27.00	3.00	4.00	0	0.0	0.00	0.72

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001206 Cream Cheese Strawberry	pkg	100	71	4.05	57	*N/A*	*N/A*	6.07	*N/A*	4	4.05	0.00	1.01	152	10.1	0.00	0.00
000416 Jelly	Packet	65	37	0.00	4	7	*N/A*	0.00	*N/A*	0	9.79	0.14	0.02	1	1.0	0.13	0.03
000898 Applesauce Cups	1/2 cup	120	74	0.00	12	*N/A*	*N/A*	0.00	0.00	0	18.90	0.82	0.00	0	0.0	1.97	1.48
001529 Clementines	each	75	35	0.00	0	*N/A*	*N/A*	0.00	0.00	0	9.00	1.00	1.00	0	20.0	36.00	0.18
990200 Cereal #3 honey nut scooter, trix	bowls	0	110	0.00	155	6	0	1.25	0.00	0	23.00	0.50	2.00	200	40.0	2.40	2.25
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
000898 Applesauce Cups	1/2 cup	0	74	0.00	12	*N/A*	*N/A*	0.00	0.00	0	18.90	0.82	0.00	0	0.0	1.97	1.48
001529 Clementines	each	0	35	0.00	0	*N/A*	*N/A*	0.00	0.00	0	9.00	1.00	1.00	0	20.0	36.00	0.18
001763 Milk 1% Meadow Gold	carton	20	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	95	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40
001765 Strawberry Fat Free Milk TruMo	carton	50	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			390	3.50	445	*25	*0	5.93	*0.00	11	72.30	4.11	13.08	770	315.6	18.50	2.12
% of Calories				8.08%		*25.6%	*0%	13.7%	*0.0%		74.2%		13.4%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Tuesday - 05/07/2024

Reimbursable Meal Total 175

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990428 Cherry Apple Crunch Bar	serving	175	240	2.50	85	17	*N/A*	6.00	0.00	10	43.00	2.00	4.00	0	18.0	0.00	1.00

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Utah School District

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990375 Juice,strawberry kiwi	-serving	145	50	0.00	5	12	*N/A*	0.00	0.00	0	13.00	0.00	0.00	0	0.0	42.00	0.00
000086 Oranges Fresh Whole	EACH	110	43	0.00	0	*N/A*	*N/A*	0.00	0.00	0	10.56	1.92	0.96	192	38.4	48.96	0.17
990198 Cereal #1 Mateys,Scooters 23	servings	0	110	0.00	220	6	0	1.50	0.00	0	22.00	1.00	3.00	0	65.0	0.00	2.25
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
990375 Juice,strawberry kiwi	-serving	0	50	0.00	5	12	*N/A*	0.00	0.00	0	13.00	0.00	0.00	0	0.0	42.00	0.00
000086 Oranges Fresh Whole	EACH	30	43	0.00	0	*N/A*	*N/A*	0.00	0.00	0	10.56	1.92	0.96	192	38.4	48.96	0.17
001763 Milk 1% Meadow Gold	carton	200	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	100	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40
001765 Strawberry Fat Free Milk TruMo	carton	55	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			562	5.07	403	*59	*0	10.29	0.00	29	96.76	3.54	21.00	1361	657.3	77.09	1.37
% of Calories				8.12%		*42.0%	*0%	16.5%	0.0%		68.9%		14.9%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Wednesday - 05/08/2024

Reimbursable Meal Total 175

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990521 Waffles, WG bulk 23	2 each	175	160	0.00	230	4	2	6.00	0.00	10	24.00	2.00	4.00	0	127.0	0.00	1.48
990466 juice, Orange tangerine	-serving	110	50	0.00	25	12	*N/A*	0.00	0.00	0	12.00	0.00	0.00	0	0.0	42.00	0.00
990369 Strawberries,Diced,Cups, Frozen	each	0	90	0.00	0	18	*N/A*	0.00	0.00	0	22.00	2.00	1.00	0	0.0	0.00	0.00

Planned Menu Spreadsheet

Uintah School District

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990199 cereal #2 Cinn Toast,Frosted Flakes23	-serving	0	110	0.00	165	8	8	1.50	0.00	0	23.00	1.50	1.50	15	45.0	15.00	1.80
990422 Mini Vanilla Wafers IW	-package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
990466 juice, Orange tangerine	-serving	0	50	0.00	25	12	*N/A*	0.00	0.00	0	12.00	0.00	0.00	0	0.0	42.00	0.00
990369 Strawberries,Diced,Cups, Frozen	-each	150	90	0.00	0	18	*N/A*	0.00	0.00	0	22.00	2.00	1.00	0	0.0	0.00	0.00
001763 Milk 1% Meadow Gold	-carton	25	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	-carton	100	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40
001765 Strawberry Fat Free Milk TruMo	-carton	50	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			401	1.07	426	46	2	7.79	0.00	19	71.40	3.71	12.86	657	427.0	27.09	1.71
% of Calories				2.40%		45.9%	2.0%	17.5%	0.0%		71.2%		12.8%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Thursday - 05/09/2024

Reimbursable Meal Total 165

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990297 Pancakes,WG usda	-Each	165	140	0.00	270	6	*N/A*	4.00	0.00	6	26.00	2.00	4.00	0	0.0	0.00	0.00
990523 Syrup,Smuckers 1.4 oz 23	-serving	150	110	0.00	20	22	22	0.00	0.00	0	29.00	0.00	0.00	*N/A*	0.0	0.00	0.00
000327 Sausage Patty	-each	150	90	2.50	148	0	*N/A*	7.00	0.00	23	0.00	0.00	6.00	20	12.0	0.00	0.00
990451 Peaches, Diced, Cups, Frozen	-4.4 oz cup	125	90	0.00	0	19	*N/A*	0.00	0.00	0	21.00	2.00	1.00	0	0.0	0.00	0.00
990375 Juice,strawberry kiwi	-serving	145	50	0.00	5	12	*N/A*	0.00	0.00	0	13.00	0.00	0.00	0	0.0	42.00	0.00

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990200 Cereal #3 honey nut scooter, trix	bowls	0	110	0.00	155	6	0	1.25	0.00	0	23.00	0.50	2.00	200	40.0	2.40	2.25
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
990451 Peaches, Diced, Cups, Frozen	4.4 oz cup	0	90	0.00	0	19	*N/A*	0.00	0.00	0	21.00	2.00	1.00	0	0.0	0.00	0.00
990375 Juice, strawberry kiwi	serving	0	50	0.00	5	12	*N/A*	0.00	0.00	0	13.00	0.00	0.00	0	0.0	42.00	0.00
001763 Milk 1% Meadow Gold	carton	20	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	95	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40
001765 Strawberry Fat Free Milk TruMo	carton	50	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			567	3.32	607	71	20	12.11	0.00	35	100.85	3.52	18.21	*695	310.9	37.56	0.23
% of Calories				5.27%		50.1%	14.1%	19.2%	0.0%		71.1%		12.8%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Friday - 05/10/2024

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990512 breakfast pizza max 12708 elementary	serving	180	150	1.50	350	2	*N/A*	4.00	0.00	10	17.00	2.00	8.00	*N/A*	80.0	0.00	0.00
000438 Pears	.5 CUP	125	60	0.00	5	12	*N/A*	0.00	0.00	0	16.00	2.00	0.00	0	0.0	1.19	0.00
000064 APPLES, Fresh	EACH	95	72	0.04	1	14	*N/A*	0.23	0.00	0	19.06	3.31	0.36	75	8.3	6.35	0.17
990198 Cereal #1 Mateys, Scooters 23	servings	0	110	0.00	220	6	0	1.50	0.00	0	22.00	1.00	3.00	0	65.0	0.00	2.25
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000438 Pears	.5 CUP	0	60	0.00	5	12	*N/A*	0.00	0.00	0	16.00	2.00	0.00	0	0.0	1.19	0.00
000064 APPLES,Fresh	EACH	0	72	0.04	1	14	*N/A*	0.23	0.00	0	19.06	3.31	0.36	75	8.3	6.35	0.17
001763 Milk 1% Meadow Gold	carton	20	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	100	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40
001765 Strawberry Fat Free Milk TruMo	carton	60	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			362	2.52	533	37	0	5.79	0.00	18	59.28	5.13	16.19	*762	384.4	4.84	0.31
% of Calories				6.27%		40.9%	0%	14.4%	0.0%		65.5%		17.9%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Monday - 05/13/2024

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990297 Pancakes,WG usda	Each	180	140	0.00	270	6	*N/A*	4.00	0.00	6	26.00	2.00	4.00	0	0.0	0.00	0.00
990523 Syrup,Smuckers 1.4 oz 23	serving	0	110	0.00	20	22	22	0.00	0.00	0	29.00	0.00	0.00	*N/A*	0.0	0.00	0.00
990328 pork sausage patty JTM	each	165	120	3.80	197	0	*N/A*	10.00	0.00	26	1.00	0.00	6.00	0	13.0	0.00	0.00
000064 APPLES,Fresh	EACH	100	72	0.04	1	14	*N/A*	0.23	0.00	0	19.06	3.31	0.36	75	8.3	6.35	0.17
000438 Pears	.5 CUP	100	60	0.00	5	12	*N/A*	0.00	0.00	0	16.00	2.00	0.00	0	0.0	1.19	0.00
990199 cereal #2 Cinn Toast,Frosted Flakes23	serving	0	110	0.00	165	8	8	1.50	0.00	0	23.00	1.50	1.50	15	45.0	15.00	1.80
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000064 APPLES,Fresh	EACH	0	72	0.04	1	14	*N/A*	0.23	0.00	0	19.06	3.31	0.36	75	8.3	6.35	0.17
000438 Pears	.5 CUP	0	60	0.00	5	12	*N/A*	0.00	0.00	0	16.00	2.00	0.00	0	0.0	1.19	0.00
001763 Milk 1% Meadow Gold	carton	20	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	100	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40
001765 Strawberry Fat Free Milk TruMo	carton	60	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			455	4.50	632	40	0	14.96	0.00	38	67.50	4.95	17.70	*764	316.5	4.85	0.31
% of Calories				8.90%		35.2%	0%	29.6%	0.0%		59.3%		15.6%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Tuesday - 05/14/2024

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990192 French Toast Sticks BakeCrafter's	3 sticks	180	269	1.00	289	11	*N/A*	7.96	0.00	10	42.80	1.99	6.97	0	59.7	0.00	1.08
990523 Syrup,Smuckers 1.4 oz 23	serving	160	110	0.00	20	22	22	0.00	0.00	0	29.00	0.00	0.00	*N/A*	0.0	0.00	0.00
990465 juice, Power Punch	serving	140	60	0.00	10	13	*N/A*	0.00	0.00	0	13.00	0.00	0.00	0	0.0	42.00	0.00
990254 tator tots puzzle peice	.5 CUP	150	77	0.60	185	0	*N/A*	3.57	0.00	0	9.52	1.19	1.19	0	0.0	2.14	0.00
990200 Cereal #3 honey nut scooter,trix	bowls	0	110	0.00	155	6	0	1.25	0.00	0	23.00	0.50	2.00	200	40.0	2.40	2.25
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
990465 juice, Power Punch	serving	0	60	0.00	10	13	*N/A*	0.00	0.00	0	13.00	0.00	0.00	0	0.0	42.00	0.00

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990254 tator tots puzzle peice	.5 CUP	0	77	0.60	185	0	*N/A*	3.57	0.00	0	9.52	1.19	1.19	0	0.0	2.14	0.00
001763 Milk 1% Meadow Gold	carton	20	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	100	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40
001765 Strawberry Fat Free Milk TruMo	carton	60	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			610	2.49	646	60	20	12.60	0.00	18	107.73	2.98	15.96	*722	359.7	35.12	1.30
% of Calories				3.67%		39.3%	13.1%	18.6%	0.0%		70.6%		10.5%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Wednesday - 05/15/2024

Reimbursable Meal Total 170

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990428 Cherry Apple Crunch Bar	serving	170	240	2.50	85	17	*N/A*	6.00	0.00	10	43.00	2.00	4.00	0	18.0	0.00	1.00
990240 mandarin oranges sysco	.5 CUP	150	70	0.00	10	17	*N/A*	0.00	0.00	0	17.00	1.00	1.00	300	20.0	24.00	0.72
990374 Juice,cran/raspberry	each	140	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	0.0	0.00	0.00
990198 Cereal #1 Mateys,Scooters 23	servings	0	110	0.00	220	6	0	1.50	0.00	0	22.00	1.00	3.00	0	65.0	0.00	2.25
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
990240 mandarin oranges sysco	.5 CUP	0	70	0.00	10	17	*N/A*	0.00	0.00	0	17.00	1.00	1.00	300	20.0	24.00	0.72
990374 Juice,cran/raspberry	each	0	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	0.0	0.00	0.00
001763 Milk 1% Meadow Gold	carton	20	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001764 Chocolate Fat Free Milk Tru Mo	carton	95	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40
001765 Strawberry Fat Free Milk TruMo	carton	55	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			484	3.51	277	62	0	7.69	0.00	18	90.62	2.88	12.88	974	335.6	21.85	1.86
% of Calories				6.53%		51.2%	0%	14.3%	0.0%		74.9%		10.6%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Thursday - 05/16/2024

Reimbursable Meal Total 175

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001450 Cookie Chocchip oat WG 2.5 oz	Cookie	175	250	2.50	270	*N/A*	*N/A*	7.00	0.00	20	43.00	9.00	5.00	0	40.0	0.00	1.80
000086 Oranges Fresh Whole	EACH	110	43	0.00	0	*N/A*	*N/A*	0.00	0.00	0	10.56	1.92	0.96	192	38.4	48.96	0.17
990224 applesauce,unsweetened,canned	.5 CUP	100	51	0.00	2	11	*N/A*	0.00	0.00	0	13.99	0.99	0.00	0	0.0	0.00	0.00
990199 cereal #2 Cinn Toast,Frosted Flakes23	serving	0	110	0.00	165	8	8	1.50	0.00	0	23.00	1.50	1.50	15	45.0	15.00	1.80
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
000086 Oranges Fresh Whole	EACH	0	43	0.00	0	*N/A*	*N/A*	0.00	0.00	0	10.56	1.92	0.96	192	38.4	48.96	0.17
990224 applesauce,unsweetened,canned	.5 CUP	0	51	0.00	2	11	*N/A*	0.00	0.00	0	13.99	0.99	0.00	0	0.0	0.00	0.00
001763 Milk 1% Meadow Gold	carton	20	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	105	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001765 Strawberry Fat Free Milk TruMo	carton	50	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			440	3.57	454	*26	*0	8.79	0.00	29	78.95	10.77	13.60	768	364.1	31.39	2.15
% of Calories				7.30%		*23.6%	*0%	18.0%	0.0%		71.8%		12.4%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Friday - 05/17/2024

Reimbursable Meal Total 165

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990305 waffles, WG 2 pack bake crafters	package	165	190	1.00	260	5	*N/A*	6.00	0.00	5	30.00	3.00	4.00	0	20.0	0.00	1.44
990523 Syrup,Smuckers 1.4 oz 23	serving	145	110	0.00	20	22	22	0.00	0.00	0	29.00	0.00	0.00	*N/A*	0.0	0.00	0.00
001123 Margarine	tsp	60	19	0.52	33	*N/A*	*N/A*	2.07	0.03	*N/A*	0.00	0.00	0.01	*N/A*	0.1	0.00	0.00
000399 Peaches canned juice pack usda	.5 CUP	125	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	300	0.0	1.20	0.00
990369 Strawberries,Diced,Cups, Frozen	each	65	90	0.00	0	18	*N/A*	0.00	0.00	0	22.00	2.00	1.00	0	0.0	0.00	0.00
990200 Cereal #3 honey nut scooter, trix	bowls	0	110	0.00	155	6	0	1.25	0.00	0	23.00	0.50	2.00	200	40.0	2.40	2.25
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
000399 Peaches canned juice pack usda	.5 CUP	0	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	300	0.0	1.20	0.00
990369 Strawberries,Diced,Cups, Frozen	each	0	90	0.00	0	18	*N/A*	0.00	0.00	0	22.00	2.00	1.00	0	0.0	0.00	0.00
001763 Milk 1% Meadow Gold	carton	20	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	95	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001765 Strawberry Fat Free Milk TruMo	carton	50	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			507	2.23	474	*61	*19	8.50	0.01	*13	95.91	4.54	12.40	*905	320.0	1.56	1.67
% of Calories				3.96%		*48.1%	*15.0%	15.1%	0.0%		75.7%		9.8%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Monday - 05/20/2024

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990512 breakfast pizza max 12708 elementary	serving	180	150	1.50	350	2	*N/A*	4.00	0.00	10	17.00	2.00	8.00	*N/A*	80.0	0.00	0.00
001529 Clementines	each	125	35	0.00	0	*N/A*	*N/A*	0.00	0.00	0	9.00	1.00	1.00	0	20.0	36.00	0.18
990464 juice, Tropical Twist	serving	80	50	0.00	5	13	*N/A*	0.00	0.00	0	13.00	0.00	0.00	0	0.0	42.00	0.00
990198 Cereal #1 Mateys,Scooters 23	servings	0	110	0.00	220	6	0	1.50	0.00	0	22.00	1.00	3.00	0	65.0	0.00	2.25
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
001529 Clementines	each	0	35	0.00	0	*N/A*	*N/A*	0.00	0.00	0	9.00	1.00	1.00	0	20.0	36.00	0.18
990464 juice, Tropical Twist	serving	0	50	0.00	5	13	*N/A*	0.00	0.00	0	13.00	0.00	0.00	0	0.0	42.00	0.00
001763 Milk 1% Meadow Gold	carton	20	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	100	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001765 Strawberry Fat Free Milk TruMo	carton	60	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			329	2.50	531	*27	*0	5.67	0.00	18	50.14	2.69	16.69	*722	393.9	44.33	0.35
% of Calories				6.84%		*32.8%	*0%	15.5%	0.0%		61.0%		20.3%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Tuesday - 05/21/2024

Reimbursable Meal Total 170

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990429 Triple Berry Crunch Bar	serving	170	240	2.50	110	17	*N/A*	6.00	0.00	10	43.00	2.00	4.00	0	18.0	0.00	1.00
990447 Mixed fruit USDA 21	.5 cup serving	130	60	0.00	10	14	*N/A*	0.00	0.00	0	17.00	0.00	0.00	0	0.0	0.00	0.00
000098 STRAWBERRIES: frozen	1/2 cup	75	122	0.01	4	31	*N/A*	0.17	0.00	0	33.05	2.42	0.68	31	14.0	52.78	0.75
990199 cereal #2 Cinn Toast,Frosted Flakes23	serving	0	110	0.00	165	8	8	1.50	0.00	0	23.00	1.50	1.50	15	45.0	15.00	1.80
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
990447 Mixed fruit USDA 21	.5 cup serving	0	60	0.00	10	14	*N/A*	0.00	0.00	0	17.00	0.00	0.00	0	0.0	0.00	0.00
000098 STRAWBERRIES: frozen	1/2 cup	0	122	0.01	4	31	*N/A*	0.17	0.00	0	33.05	2.42	0.68	31	14.0	52.78	0.75
001763 Milk 1% Meadow Gold	carton	20	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	95	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001765 Strawberry Fat Free Milk TruMo	carton	55	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			472	3.52	298	61	0	7.76	0.00	18	91.67	3.07	12.30	722	324.2	23.96	1.56
% of Calories				6.71%		51.7%	0%	14.8%	0.0%		77.7%		10.4%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Wednesday - 05/22/2024

Reimbursable Meal Total 170

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990521 Waffles, WG bulk 23	2 each	170	160	0.00	230	4	2	6.00	0.00	10	24.00	2.00	4.00	0	127.0	0.00	1.48
990523 Syrup,Smuckers 1.4 oz 23	serving	0	110	0.00	20	22	22	0.00	0.00	0	29.00	0.00	0.00	*N/A*	0.0	0.00	0.00
000086 Oranges Fresh Whole	EACH	120	43	0.00	0	*N/A*	*N/A*	0.00	0.00	0	10.56	1.92	0.96	192	38.4	48.96	0.17
000092 Pineapple Chunks:canned,lt syr	1/2 cup	75	66	0.01	1	16	*N/A*	0.15	0.00	0	16.95	1.01	0.45	48	17.6	9.45	0.49
990200 Cereal #3 honey nut scooter,trix	bowls	0	110	0.00	155	6	0	1.25	0.00	0	23.00	0.50	2.00	200	40.0	2.40	2.25
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
000086 Oranges Fresh Whole	EACH	0	43	0.00	0	*N/A*	*N/A*	0.00	0.00	0	10.56	1.92	0.96	192	38.4	48.96	0.17
000092 Pineapple Chunks:canned,lt syr	1/2 cup	0	66	0.01	1	16	*N/A*	0.15	0.00	0	16.95	1.01	0.45	48	17.6	9.45	0.49
001763 Milk 1% Meadow Gold	carton	25	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	100	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001765 Strawberry Fat Free Milk TruMo	carton	45	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			353	1.11	412	*31	*2	7.90	0.00	19	59.99	3.80	12.88	*782	461.9	39.40	2.05
% of Calories				2.83%		*35.1%	*2.3%	20.1%	0.0%		68.0%		14.6%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Thursday - 05/23/2024

Reimbursable Meal Total 175

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990244 UBR cinnamon cookie (rich's)	each	175	240	2.00	210	17	*N/A*	6.00	0.00	5	43.00	6.00	5.00	9	29.6	0.00	0.62
990451 Peaches, Diced, Cups, Frozen	4.4 oz cup	100	90	0.00	0	19	*N/A*	0.00	0.00	0	21.00	2.00	1.00	0	0.0	0.00	0.00
000064 APPLES,Fresh	EACH	100	72	0.04	1	14	*N/A*	0.23	0.00	0	19.06	3.31	0.36	75	8.3	6.35	0.17
990198 Cereal #1 Mateys,Scooters 23	servings	0	110	0.00	220	6	0	1.50	0.00	0	22.00	1.00	3.00	0	65.0	0.00	2.25
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
990451 Peaches, Diced, Cups, Frozen	4.4 oz cup	0	90	0.00	0	19	*N/A*	0.00	0.00	0	21.00	2.00	1.00	0	0.0	0.00	0.00
000064 APPLES,Fresh	EACH	0	72	0.04	1	14	*N/A*	0.23	0.00	0	19.06	3.31	0.36	75	8.3	6.35	0.17
001763 Milk 1% Meadow Gold	carton	20	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	95	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001765 Strawberry Fat Free Milk TruMo	carton	60	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			464	3.01	388	56	0	7.78	0.00	13	86.92	9.04	13.78	790	334.3	4.31	0.93
% of Calories				5.84%		48.3%	0%	15.1%	0.0%		74.9%		11.9%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

Friday - 05/24/2024

Reimbursable Meal Total 170

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990427 Lemon Chip Crunch	serving	170	240	3.00	160	14	*N/A*	7.00	0.00	10	42.00	2.00	4.00	0	22.0	0.00	1.00
001494 Juice, FruitableTropical Twist*	Each	150	60	0.00	15	*N/A*	*N/A*	0.00	0.00	0	14.00	0.00	0.00	500	0.0	0.00	0.00
990240 mandarin oranges sysco	.5 CUP	80	70	0.00	10	17	*N/A*	0.00	0.00	0	17.00	1.00	1.00	300	20.0	24.00	0.72
990199 cereal #2 Cinn Toast,Frosted Flakes23	serving	0	110	0.00	165	8	8	1.50	0.00	0	23.00	1.50	1.50	15	45.0	15.00	1.80
990422 Mini Vanilla Wafers IW	package	0	120	0.50	50	7	*N/A*	4.00	0.00	0	21.00	2.00	2.00	0	5.0	0.00	1.00
001494 Juice, FruitableTropical Twist*	Each	0	60	0.00	15	*N/A*	*N/A*	0.00	0.00	0	14.00	0.00	0.00	500	0.0	0.00	0.00
990240 mandarin oranges sysco	.5 CUP	0	70	0.00	10	17	*N/A*	0.00	0.00	0	17.00	1.00	1.00	300	20.0	24.00	0.72
001763 Milk 1% Meadow Gold	carton	20	110	1.50	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00
001764 Chocolate Fat Free Milk Tru Mo	carton	95	150	1.50	220	22	*N/A*	2.50	0.00	10	24.00	0.00	8.00	150	300.0	0.00	0.40

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001765 Strawberry Fat Free Milk TruMo	carton	55	110	0.00	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00	1750	300.0	1.20	0.00
Weighted Daily Average			458	4.01	357	*42	*0	8.69	0.00	18	83.44	2.47	12.47	1291	331.4	11.96	1.56
% of Calories				7.88%		*36.7%	*0%	17.1%	0.0%		72.9%		10.9%				
Weekly Nutrient Guideline			350 - 500	<10	540			<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	465	3	448	*49	*5	8.70	*0.01	*21	83.51	4.43	14.58	*880	374	25.50	1.49
% of Calories		5.85%		*42.2%	*4.3%	16.8%	*0.0%		71.8%		12.5%				

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- * - denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ - denotes required nutrient values
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.